Help to make your money go further this winter

1. <u>Food</u>

Emergency food parcels can be referred by **North East Edinburgh Neighbourhood Centre** (Edinburgh Library Building) Face to Face 101 Niddrie Mains Road EH16 4DS

Empty Kitchens: You can access meal packs for 2 days that can be heated in the microwave 07895 347 157 hello@emptykitchens.co.uk

https://www.emptykitchens.co.uk/

Food Pantries

Richmond Hope Church, Fair Share Thursday, Food for a couple of pound, Thursday's 10-11am, 227 Niddrie Mains Road EH16 4PA

https://www.richmondcraigmillarchurch.org/fair-share-thursday/

Ripple Project Pantry Wednesday 10-11am, 10 items for £2, cost price vegetables until 1.30pm, 198 Restalrig Road South EH7 6DZ

https://www.rippleproject.co.uk/food-dignity

Portobello Community Fridge 10.30-11.30am every Saturday at the Baptist Church, 183 Portobello High Street.

https://www.facebook.com/groups/portycommunityfridge/?locale=en_GB

Greenhouse Pantry in Craigmillar £4.50 for a membership Thursday: 10.00am - 2.00pm Friday: 9.30am - 12.00noon Call in to register Greenhouse Pantry 64 Niddrie Mains Road EH16 4BG

https://www.yourlocalpantry.co.uk/pantry-listings/edinburgh-greenhouse-pantry/

Hays Community Pantry £1 to join if from Bingham, Magdalene and the Hays, Places for People Hub 3 Hay Avenue EH16 4RW Wednesdays 11-2pm also a Pet Food Pantry 10-12pm on Thursdays

https://www.communityrenewal.org.uk/wp-content/uploads/2021/04/The-Hays-Pantry-Membership-Information.pdf

Free Meals

Hibernian Community Foundation Easter Road Stadium 12 Albion PI, Edinburgh EH7 5QG: Monday 12.30-2pm Free 2 course meal

https://hiberniancf.org/community/lunch-club/

Niddrie Community Church, Free Meals - Every Tuesday 530 – 730pm 12 Hay Drive, EH16 4RY - 0131 669 9400

Sandy's Soup and Sandwiches Tuesday 12-2pm free cuppa and something hot to eat 07504 627 853 sandy's Community Centre 76 Craigmillar Castle Avenue EH16 4DW

Food Delivery

Volunteer Edinburgh Community Task Force Free one off service - delivering a newspaper daily, taking bins downstairs, walking dogs, getting weekly shopping with a shopping list for people that cannot go to the shops to buy for themselves etc <u>taskforce@volunteeredinburgh.org.uk</u> 0131 225 0630. Open 10am – 6pm every day

2. Help with Electricity and Gas Bills

Home Energy Scotland: Help with lowering bills, grants and schemes to make homes more energy efficient, small grants to help with bills 0808 808 2282

Referral based organisations

Edinburgh Food Project, you could access money advice, food vouchers, small funds. You can call or email in the first instance Now have a base at Thistle Foundation Centre of Wellbeing, 13 Queen's Walk, Edinburgh EH16 4EA

https://edinburghfoodproject.org/access-the-money-advice-service/

Edinburgh City Mission, could access food for up to 6 weeks, clothing, gift for a child's birthday

https://edinburghcitymission.org.uk/

3. For benefit checks and income maximisation

Citizens Advice Bureau, For appointments: 0131 510 5510

Portobello Hub: 8A-B Bath Street EH15 1EY Drop-in service (without appointment)

Monday: 09:30 - 12:30

Leith hub: 23 Dalmeny Street EH6 8PG Drop-in service (without appointment)

Monday, Tuesday, Thursday: 09:30 - 12:30

www.citizensadviceedinburgh.org.uk

Advice Shop, Can call email or fill in online form to get help with benefits checks 0131 200 2360 advice.shop@edinburgh.gov.uk 249 High Street Edinburgh EH1 1YJ

https://www.edinburgh.gov.uk/adviceshop

4. Debt Advice

Christians Against Poverty, anything from advice to restructuring debt to easier monthly payments, 0800 328 0006

5. Broadband

Social Tariffs for those on benefits, can get as cheap as £15 a month

 $\underline{https://www.ofcom.org.uk/phones-telecoms-and-internet/advice-for-consumers/costs-and-billing/social-tariffs}$