

**Aditi is a trauma-informed wellbeing service for Black, Asian and Minority Ethnic (BAME) women in Edinburgh, dedicated to supporting women who have or are experiencing abusive relationships, honour-based violence and other harmful traditional practices.**



We provide a range of support services including counselling, complementary therapies, women's only group, advocacy, one-to-one support, and signposting.

We offer a safe, non-judgemental, women-led space where you can talk about anything that is worrying you.

Our services are free and confidential.

The Aditi team are happy to meet with you in person and face-to-face appointments are available. However, we continue to offer phone and online support to ensure you have someone to talk to.

If you or someone you know would like more information on Aditi services or would like to speak to someone confidentially, please get in touch.



**Aditi Wellbeing Support Service**

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