

Get in touch with the Lothians' Improving the Cancer Journey Service

 07977 307 286

 07929 784 315

 loth.icj@nhslothian.scot.nhs.uk

For information, support or just someone
to talk to, call Macmillan Cancer Support
on 0808 808 00 00 or visit macmillan.org.uk.

 Macmillan.org.uk

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WE'RE HERE FOR YOU

Living with cancer in the Lothians?
The Improving the Cancer Journey
service is here to support you.

In partnership with



How can we help?

Being diagnosed with cancer can be overwhelming and many people don't know where to go for support.

Here are some of the things we can help with:

- Money or housing worries
- Work
- Caring responsibilities
- Physical concerns
- Emotional Concerns
- Other types of support

Since my appointment I feel so much less anxious and gaining my confidence again.

If you are living in Edinburgh and the Lothians and have been affected by cancer, our Improving the Cancer Journey service is here to help you live as well as possible. We can meet with you to discuss what matters to you and help you get the right support. We can do this over the phone or online with a video call.

To get in touch with us or find out more about how we can help, contact 07977 307 286, 07929 784 315 or email loth.icj@nhslothian.scot.nhs.uk

If you've recently been diagnosed with cancer you might already have received a letter about us. Don't worry if you did and decided not to get in touch – if you want to find out how we can help now, give us a call.



I hadn't realised how much things were getting to me. It was so useful to think about these things and then go through it with you.