



Post Coronavirus Rehab Advice Line

10.30 – 12:30 07969334704
Monday and Thursdays only

For patients who have concerns about their recovery
from Coronavirus

Walking, exercise

Concerns e.g. still coughing

Getting back to work

Mental Health

Fatigue

Breathing more comfortably

Strength

Pain management

Traumatic reactions

Anxiety e.g. About memory loss

Something else?