



## Post Coronavirus Rehab Advice Line 09:00 - 12:00 - 07969334704

For patients who have concerns about their recovery from Coronavirus

Walking, exercise

Concerns e.g. still coughing

Getting back to work

Mental Health

**Fatigue** 

Breathing more comfortably

Strength

Pain management

Traumatic reactions

Anxiety e.g. About memory loss

Something else?